



## Fatherhood Websites

The Dad Website - <https://thedadwebsite.com/> - Dad News, Dad Life, Dads to Be, Dadvice, Reviews, and The Heart Talks!

All Pro Dad - <https://www.allprodad.com/> - All Pro Dad is on a mission to help you love and lead your family well - become an All Pro Dad by signing up for their free daily email to get advice delivered right to your inbox.

Fatherly - <https://www.fatherly.com/> - Digital media site whose mission is to “empower men to raise great kids and lead more fulfilling adult lives through original reporting, expert parenting advice, and hard-won insights into a challenging, but profoundly rewarding stage of life.”

DHHS Fatherhood Website - <https://www.fatherhood.gov/> - Find activities for dads & kids, dad jokes, documentary on fatherhood, events, DadTalk Blog, and more. Available in Spanish.

Children's Bureau Fatherhood - <https://www.childwelfare.gov/topics/preventing/promoting/fatherhood/> - Fatherhood Resources to Promote Family Well-Being.

## Activities for Dads & Kids

Activities for Dads & Kids - <https://www.fatherhood.gov/for-dads/activities-for-dads-and-kids> - Ideas for easy, free or low-cost ways to spend quality time with your kids (filter by age)!

Gail Borden Public Library District - <https://www.gailborden.info/> - Storytime, Bookmobile schedule, and other library events!

Lullaby (Canción de cuna) for Fathers to Calm a Crying Baby – English: <https://vimeo.com/685952402/3d6acf9186>; Español: <https://vimeo.com/689794613/0460c967ca>

## Dad Jokes

Dad Jokes - <https://www.fatherhood.gov/for-dads/dad-jokes> - Discover new dad jokes or submit your own!

Dad Jokes - <https://www.fatherly.com/the-dad-joke-project-puns-knock-knock-jokes> - List after list of funny jokes for kids!

## Video Clips – Inspirational and Educational

#DADication - <https://www.fatherhood.gov/dadication> - DADication documentary videos on fatherhood.

WIC Breastfeeding Support Video - <https://wicbreastfeeding.fns.usda.gov/video-how-dads-can-support-breastfeeding> - How Dads Can Support Breastfeeding Video.

The Babbling Baby & Dad Video - <https://www.youtube.com/watch?v=o9cPMmtdVLA> – Like Father, Like Son – Viral Funny Video Clip.



## Educational and Parenting Resources or Groups

Breastfeeding Resources for Dads - <https://wicbreastfeeding.fns.usda.gov/dads> - Learn about breastfeeding and how you can support mom and baby.

RISE Magazine - <https://www.risemagazine.org/> - digital magazine about parents' rights and strengthening parent skills led by parents.

Elgin Partnership for Early Learning - <https://www.elginpartnership.org/find-child-care/parent-support-programs-birth-3/> - FREE Parenting Support Groups.

Children's Bureau: A Father's Impact on Child Development - <https://www.all4kids.org/news/blog/a-fathers-impact-on-child-development/> - 10 Facts About Father Engagement and Tips for Dads.

Learning Heroes - <https://bealearninghero.org/> - Tips and resources to support your child's learning.

Child Welfare Training System - <https://coloradocwts.com/slug/finding-your-way-guides-for-fathers-in-child-protection-cases/> - Guides for Fathers in Child Protection Cases.

## Children's Books

Look for the following children's books during your next library trip!

Wherever You Are: My Love Will Find You by Nancy Tillman

Just Me and My Dad by Mercer Mayer

My Dad Loves Me by Marianne Richmond

Daddy Hugs by Karen Katz

Guess How Much I Love You by Sam McBratney

I Love My Daddy by David Bedford & Breanna Vaughn

## Mental Health Support for Men

Postpartum Support International: Help for Dads - <https://www.postpartum.net/get-help/help-for-dads/> - Postpartum mental health support for men/dad including:

- HelpLine – 1-800-944-4773(4PPD) – English and Spanish
- Dad Support Group - <https://www.postpartum.net/get-help/psi-online-support-meetings/#dad-support>
- Chat with a Fatherhood Expert - <https://www.postpartum.net/get-help/chat-with-an-expert-for-dads/>
- Connect with Specialized Coordinator for Dads - <https://na0.icarol.com/pub/SurveyForm.aspx?org=137966&key=d5e5ad54-fa9f-4413-a0a5-fa69d74e5545>
- Closed Facebook Group for Dads - <https://www.facebook.com/groups/682525349518226>