

TAKE 5 FOR WIC TO 5

Five Reasons to Keep Your Child Enrolled in WIC Until Age 5

- 1 Saves Money**
WIC foods can help families save about \$40 per child on groceries every month.
- 2 Provides Healthy Foods Children Need**
WIC provides healthy foods that are important for kids ages 1-5.
- 3 Helps Children Learn and Grow**
WIC staff can help you learn more about your child's growth and development milestones.
- 4 Gives Free Advice and Counseling from Caring Staff**
WIC staff is here to answer questions and help you keep your child healthy.
- 5 Helps Connect Families with Other Programs, Providers, and Resources**
WIC can help you connect to other services such as dental care, immunizations, childcare, and counseling services.

**WIC isn't just for moms and babies.
WIC is here for children until their 5th birthday!**



Schedule an appointment at your local WIC office:
<https://www.wellchildcenter.org/schedule-an-appointment/>

